

JUNE 2014

THE SPA PROFESSIONAL'S CHOICE

american spa

www.americanspa.com

EXOTIC APPEAL

CHUAN SPA AT THE LANGHAM, CHICAGO



■ **Lemon Aid** ■

Spa-goers craving a delicious and indulgent body treatment won't want to miss the Solar Flare – Meyer Lemon & Shea Butter Body Wrap (\$105, 60 minutes; \$155, 90 minutes) at **The Spa at Casa Madrona** (Sausalito, CA). The treatment begins with an invigorating full-body exfoliation using Body Bliss's Organic Lemon & Amber Jojoba Sugar Scrub. After guests shower off the scrub, Organic Lemon & Amber Shea Butter Cream is melted into the skin with warm basalt stones, which also serve to ease any muscle tension. Guests are then wrapped in a comforting cocoon and given an energy-point facial massage with a neroli oil facial serum. Says spa director Carol Epstein, "Our professional massage therapists take each guest into a relaxing state of mind while exfoliating, hydrating, moisturizing, and applying energy work for overall wellbeing." For Body Bliss products: www.bodybliss.com.—*H.M.*

